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OPT Plus Form 4A. Regional Tally and Summary Sheet of Preschoolers with Weight & Height Measurement by Age Group, Sex and Nutritional Status

Estimated Population of Children 0-59 months old: 532,602

Total Population of Region: 5,074,563 Source: DOH - EB 2021

REGION: X NORTHERN MINDANAO WFA - Actual # of Children Measured: 477,097

Year Covered by this OPT Plus: CY 2021

OPT Plus Coverage -- WFA: 89.6%

Prevalence Rate UW & SUW (Last OPT Plus): 3.2%

Indigenous Preschoolers: All: #### M= #### F= 34578

Prevalence Rate Underweight & Severe Underweight:

Indigenous groups (pls indicate, if applicable): MATIGSALO, TIGWAHANON, Umayamnon, Subanen

0-59 months: 2.9%

Age Group (1)	Weight for Age Status																			Total, by age group							
	Normal (N)				Underweight (UW)				Severely Underweight (SUW)				Overweight (OW)				TOTAL			N		UW		SUW		OW	
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys	Girls	Total	No.	Prev (%)	No.	Prev (%)	No.	Prev	No.	Prev
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)
0-5 months (R1)	18,419		17,582		199		102		63		41		604		614		19,285	18,339	37,624	36,001	95.7	301	0.8	104	0.3	1,218	3.2
6-11 months (R2)	18,875		17,959		372		242		142		67		239		222		19,628	18,490	38,118	36,834	96.6	614	1.6	209	0.5	461	1.2
12-23 months (R3)	47,273		45,054		1,161		958		359		261		486		483		49,279	46,756	96,035	92,327	96.1	2,119	2.2	620	0.6	969	1.0
24-35 months (R4)	48,755		45,794		1,422		1,181		289		245		308		287		50,774	47,507	98,281	94,549	96.2	2,603	2.6	534	0.5	595	0.6
36-47 months (R5)	50,695		47,325		1,479		1,307		284		300		333		238		52,791	49,170	101,961	98,020	96.1	2,786	2.7	584	0.6	571	0.6
48-59 months (R6)	52,210		48,984		1,413		1,413		267		263		323		205		54,213	50,865	105,078	#####	96.3	2,826	2.7	530	0.5	528	0.5
Total (R7) 0-23 mos	84,567		80,595		1,732		1,302		564		369		1,329		1,319		88,192	83,585	171,777	#####		3,034		933		2,648	
Prevalence(%) 0-23 mos	95.9		96.4		2.0		1.6		0.6		0.4		1.5		1.6						96.15		1.77		0.54		1.54
Total (R9) 0-59 mos	236,227		222,698		6,046		5,203		1,404		1,177		2,293		2,049		#####	#####	477,097	#####		11,249		2,581		4,342	
Prevalence(%) 0-59 mos	96.0		96.4		2.5		2.3		0.6		0.5		0.9		0.9						96.19		2.36		0.54		0.91

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b) Total (R7) - refers to the sum of preschoolers by nutritional status for children 0-59 months; c) Prevalence (R8 & R10) - refers to the prevalence rate by sex, by nutritional status for age group 0-59 mos.

1/ Refers to previous year prevalence rate of the area

Use WEIGHT-FOR-LENGTH or WEIGHT-FOR-HEIGHT to correctly determine overweight and obesity

Prepared by: NO It Arlie Joy O. Damiles
Nutrition Officer III, NNC - Region

Approved: Gladys Mae S. Fernandez
Regional Nutrition Program Coordinator

Date: 27 October 2021

Date: 27/10/2021

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X NORTHERN MINDANAO



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OPT Plus Form 4A. Regional Tally and Summary Sheet of Preschoolers with Weight & Height Measurement by Age Group, Sex and Nutritional Status

Estimated Popn of Children 0-59 months old: **532,602**

Total Population of Region: **5,074,563** Source: DOH - EB 2021

REGION: X NORTHERN MINDANAO

L/HFA - Actual # Children Measured: **477,097**

Year Covered by this OPT Plus: **CY 2021**

OPT Plus Coverage -- L/HFA: **89.6%**

Prevalence Rate Stunting & Sev. Stunting (Last OPT Plus): **7.6%**

Indigenous Preschoolers: All: ##### M= ##### F= 34608

Indigenous groups (pls indicate, if applicable): **HIGA-UNON, TALAANDIG, MANOBO, MATIGSALO, TIGWAHANON, LIMAYAMNON, SUBANEN**

Prevalence Rate Stunting & Severe Stunting:
0-59 months: **6.4%**

Age Group (1)	Length/Height for Age Status																Total, by age group										
	Normal (N)				Stunted /Short (St)				Severely Stunted (SSt)				Tall (T)				TOTAL			N		St		SSt		T	
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys	Girls	Total	No.	Prev (%)	No.	Prev (%)	No.	Prev (%)	No.	Prev (%)
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)
0-5 months (R1)	17,435		16,589		402		271		205		132		1,255		1,376		19,297	18,368	37,665	34,024	90.3	673	1.8	337	0.9	2,631	7.0
6-11 months (R2)	17,769		16,853		663		445		323		192		873		983		19,628	18,473	38,101	34,622	90.9	1,108	2.9	515	1.4	1,856	4.9
12-23 months (R3)	43,888		42,176		2,428		1,844		1,056		776		1,945		1,924		49,317	46,720	96,037	86,064	89.6	4,272	4.4	1,832	1.9	3,869	4.0
24-35 months (R4)	46,125		43,494		2,838		2,235		918		767		914		1,018		50,795	47,514	98,309	89,619	91.2	5,073	5.2	1,685	1.7	1,932	2.0
36-47 months (R5)	48,435		45,216		3,069		2,795		925		790		324		305		52,753	49,106	101,859	93,651	91.9	5,864	5.8	1,715	1.7	629	0.6
48-59 months (R6)	50,255		47,162		2,983		2,787		870		735		165		169		54,273	50,853	105,126	97,417	92.7	5,770	5.5	1,605	1.5	334	0.3
Total (R7) 0-23 mos	79,092		75,618		3,493		2,560		1,584		1,100		4,073		4,283		88,242	83,561	171,803	#####		6,053		2,684		8,356	
Prevalence(%) 0-23 mos	89.6		90.5		4.0		3.1		1.8		1.3		4.6		5.1						90.05		3.52		1.56		4.86
Total (R9) 0-59 mos	223,907		211,490		12,383		10,377		4,297		3,392		5,476		5,775		#####	#####	477,097	#####		22,760		7,689		11,251	
Prevalence(%) 0-59 mos	91.0		91.5		5.0		4.5		1.7		1.5		2.2		2.5						91.26		4.77		1.61		2.36

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b) Total (R7) - refers to the sum of preschoolers by nutritional status for children 0-59 months; c) Prevalence (R8 & R10)- refers to the prevalence rate by sex, by nutritional status for age group 0-59 mos.

1/ Refers to previous year prevalence rate of the area

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Nutrition Officer III, NNC- Region

Approved:

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Regional Nutrition Program Coordinator

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OPT Plus Form 4B. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised March 2021

Total Population: **5,074,563** Source & Yr: DOH - Epid Bureau 2021

Estimated Population 0-59 mos old Children: **532,602** PSGC: **100000000**

OPT Plus Year: **2021** No. of Indigenous Groups Measured: **72,278**

Previous CY Regional Prevalence Rates:

Previous CY:

2020

Wt. for Age

3.2%

L/H for Age

7.7%

Wt for L/Ht

2.2%

Current Regional Prevalence Rates: (0-59 mos)

Wt. for Age

2.9%

L/H for Age

6.4%

Wt for L/Ht

1.6%

Province/ Independent City	Total Number of Cities/ Municipalities (If Province)	Number of Cities/Municipalities with OPT Plus Results	Total Number of Barangays	Number of Barangays with OPT Results	Estimated No.of Children 0-59 months old	No. of Children Measured (0-59 mos)		No. of Indigenous Children Measured (0-59 mos)	
						Weight	Height	Male	Female
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
BUKIDNON	20	20	370	387	122,218	114,658	114,658	86	15,636
CAMIGUIN	5	5	58	58	9,860	6,950	6,950	0	0
CITY OF CAGAYAN DE ORO	22	22	462	460	82,428	10,494	10,494	6	2,295
CITY OF EL SALVADOR	14	14	337	337	33,861	0	0	0	0
CITY OF GINGOOG	23	23	330	330	97,134	1,797	1,797	4	894
CITY OF ILIGAN	1	1	80	80	73,888	0	0	8	1,040
CITY OF MALAYBALAY	1	1	15	15	5,487	0	0	18	3,089
CITY OF OROQUIETA	1	1	79	79	13,629	0	0	5	218
CITY OF OZAMIZ	1	1	44	44	41,744	0	0	0	276
CITY OF TANGUB	1	1	46	46	20,378	0	0	1	380
CITY OF VALENCIA	1	1	47	47	7,336	0	0	1	1,746
LANAO DEL NORTE	1	1	51	51	14,710	0	0	5	4,181
MISAMIS OCCIDENTAL	1	1	55	55	6,530	0	0	40	2,341
MISAMIS ORIENTAL	1	1	31	31	22,515	0	0	7	3,080
TOTAL	93	93	2,005	2,020	551,718	133,899	133,899	181	35,176

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Approved:

Gladys Mae S. Fernandez

Regional Nutrition Program Coordinator, NNC-Region X NORTHERN MINDANAO

Date:



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OPT Plus Form 4B. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised March 2021

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Wt for L/Ht

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Wt. for Age

2.9%

L/H for Age

6.4%

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